

# WELLINGTON SLAA 2018 RETREAT



## HEALTHY RELATIONSHIPS

Friday 23rd – 25th Nov

Riverslea Sanctuary  
Otaki Gorge



The Wellington Wednesday fellowship is organising a weekend retreat on behalf of the Wellington SLAA Intergroup to gain strength, hope and new insight into our recovery, by sharing our recovery experiences. This is a perfect opportunity to think on our recovery in a beautiful native bush setting.

### WHEN?

The retreat will start with a light meal from 6pm Friday 23rd November and conclude after lunch at 2pm Sunday 25th November 2018. (Beware that the traffic out of town is busy on Friday nights.)

### WHERE?

We will stay at Riverslea Sanctuary on the Otaki River, which is a bit over one hour drive north of Wellington. The address is 733 Otaki Gorge Road, RD2, Otaki 5582, phone 06 364 3388. **Check out their website at:** <http://riverslearetreat.co.nz>

The accommodation offers a variety of rooms sleeping 2, 3 up to 8 persons. **You will need to bring a sleeping bag, and/or linen & bedding.** There are no public phones at Riverslea so you will need a mobile phone for incoming and outgoing calls. Riverslea also offers WiFi.

### FORMAT

The theme of the camp is 'Healthy Relationships'. We will have various sessions facilitated by members of the group. There will be ample opportunity to participate. A programme for the weekend is available.

There will be opportunities to meet as a whole fellowship, in separate groups and time to just hang out, go for walks etc!

### COST

**The cost of the weekend is \$150 which includes accommodation and food for two nights.** We are keen for people to attend from all over the country and do not want cost to be an issue. If you require financial assistance to get to the camp, please contact us.

The cost for Saturday only is \$60.

Also bedding is an extra \$15 per day for those who want Riverslea to provide it.

### REGISTRATION

You will need to register if you want to attend.

**Please email the following information to:**  
[slaa.welly@gmail.com](mailto:slaa.welly@gmail.com)

Name:

Phone number:

Email:

**I am attending (please circle):**

*Full weekend* or *Saturday only*

**Dietry requirements (please circle):**

*Vegetarian* or *Non-vegetarian*

### PAYMENT

Payment is preferred via internet banking, but if you are unable to pay by this method, cheques are also accepted.

**Internet banking:** 12-3157-0019029-02

Please include your name as a reference so we can see you have paid.

**Cheque:** Please make cheques payable to "Wellington SLAA" and mail to:  
PO Box 27363, Marion Square, Wellington

### ENQUIRIES

Email Tim anytime:  
[slaa.welly@gmail.com](mailto:slaa.welly@gmail.com)

Riverslea Sanctuary  
733 Otaki Gorge Road,  
Hautere, Kapiti Coast.

